



## Services offering support with everyday life

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Services offering support with everyday life provide care, support and relief to people dependent on care, their relatives and persons close to them. Many services are also specialised for people with dementia, physical and mental illness or mental disability.

Care, supervision, support and relief services are provided to people dependent on care (including those with a significantly limited ability to cope with daily life) in groups or in the home – predominantly by volunteers. The volunteers are managed and supported by qualified specialists and receive basic training.

### The following services are available:

- Visiting services
- Group support
- Individual support (outside the home)
- Travelling
- Relief from household chores
- Companionship for people dependent on care



Household-related services are mostly carried out by professionals.

**People dependent on care who are cared for at home** are entitled to relief in the amount of up to € 125 per month (§ 45b of the German Social Security Code, Book XI). According to the principle of reimbursement of costs, this amount is for a specific purpose, including payment for services offering support with everyday life. This amount can be used for all approved services offering support for everyday life, irrespective of nursing services provided.

In addition, **from care level 2**, people dependent on care can, on application, use 40% of their non-cash benefit to finance services to support everyday life (§ 45a of the German Social Security Code, Book XI). The services are approved by the Senate Department for Health, Care and Equality in accordance with the German Care Support Regulations (PuVO).

**An overview of the approved services in Berlin** can be found at:

[www.pflegeunterstuetzung-berlin.de](http://www.pflegeunterstuetzung-berlin.de)

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